



Solicitation sample email to send to your contacts
(Areas marked in yellow to be completed):

Dear friend,

It is with great pleasure that I am taking part in the 6th edition of the event *Les beaux 4h* to benefit the Fondation Martin-Matte in February 2021. I wish to raise \$\$\$ to help make a difference in the lives of people living with a head injury or physical disability.

Over the years, the Fondation Martin-Matte has become a key reference in helping those living with a head injury or physical disability throughout Quebec. Each donation received allows the Fondation Martin-Matte to finance warm, safe and adapted living environments for this clientele, as well as thousands of hours of respite in the form of day camps, workshops or adapted activities. The housing and respite services offered by the Fondation Martin-Matte are essential for these people and their families, as they allow them to break their social isolation, while offering their loved ones a well-deserved break. In this time of crisis surrounding COVID-19, it is more important than ever to continue to support them in order to relieve their daily lives and those of their families, as their needs are still present. That is why this cause is so close to my heart.

Please support me by making a donation on my secure personal page: [url of participant's or team's page](#).

There is no such thing as a small donation, only big hearts. Together, we can make a difference.

Thank you in advance for your generosity,

[Participant's name](#)