



CHALLENGE RULES

All participants must respect the general challenge rules.

- Participants must respect the Mountain Code of Conduct below.
- Helmets are mandatory.
- Bibs must be visible at all times during the challenge, between 5 p.m. and 8 p.m.
- Bibs must be returned to the Foundation at the end of the challenge.
- Les beaux 4h snow sport challenge is a **participative, non-competitive challenge** done in teams of four. Any level of skier or snowboarder can take part.
- Each team must raise a minimum of \$1,200, or \$300 per participant. Each participant pays registration fees of \$50.
- If a team has fewer than four participants, the team must still raise the \$1,200 minimum to take part in the challenge.
- To determine the winning fundraising team, **online donations will be counted until 3 p.m. on February 1, 2020** and a screen capture will be used as proof.
- To take part in the challenge, participants must be 12 and older.
- When registering, participants age 17 and older must read and approve the “Notice of Waiver of Liability in Case of Accident” document before clicking “Submit.” For participants under 17, the waiver of liability will be included in the registration confirmation email. It must be duly completed and signed by a parent or legal guardian and returned to the Fondation Martin-Matte by email. Without the waiver, the child cannot take part in the challenge.
- Participants must start at L’Express Est lift.
- Runs will be counted by a chip inserted in the participants’ lift ticket.
- Results are based on the number of runs completed.
- Runs must be completed by 8 p.m. to count.
- A lift (L’Express Est) will be reserved for team members who participate in the challenge. There will also be a priority line for challenge participants at other lifts.
- The Les beaux 4h Fondation Martin-Matte will be held rain or shine, if conditions are deemed acceptable by Sommet Saint-Sauveur management.
- Specialized downhill and super-G skis are prohibited. The maximum length is 190 cm.

- Downhill suits are prohibited.
- The downhill tuck position is prohibited.
- Any participant or team who does not respect the rules may be penalized or disqualified.

Penalties and disqualification

Participants and teams who do not respect the rules or the Mountain Code of Conduct may be penalized. These penalties will take the form of waiting time at the top of the trail.

Here are some examples of conduct that could result in penalties:

- Failure to respect the Mountain Code of Conduct
- Failure to wear a helmet or a poorly attached helmet
- Downhill on the trail
- Jostling
- Collisions (caused by lack of control or speed)
- Any other conduct that could harm others
- Unsporting conduct

MOUNTAIN CODE OF CONDUCT

1. Remain in control of your speed and direction. Make sure you can stop and avoid any person or obstacle.
2. Yield the right of way to people downhill and choose a course that ensures their safety.
3. Stop on a trail only if you are visible from above and if you are not obstructing the trail.
4. Yield the right of way to people uphill when entering a trail and at intersections.
5. If you are involved in or witness an accident, remain at the scene and identify yourself to a first-aider.
6. Use and wear a proper device to prevent runaway equipment at all times.
7. Keep off the lifts and trails if your ability is impaired by the use of alcohol or drugs.
8. Obey all signs and warnings and never venture off the trails or onto a closed trail.